

...a summer of significance

Trinity High School

Summer Camp 2010



www.trinityhs.org

Senior *Blazer* Camp Schedule

Ses. 1 June 14-17	Grade	Time	Cost
Ceramics	3-8	8-10AM	\$75
Painting I	6-8	8-10AM	\$75
Engineering	7-8	8-10AM	\$75
Made by Hand	6-8	8-10AM	\$75
Drama (2 wks)	3-5	8-10AM	\$150
Mythology (2 wks)	6-8	8-10AM	\$150
Fitness	6-12	9-10AM	\$40
Digital Photography & Design I	5-8	10:30AM-12:30PM	\$75
Painting I	3-5	10:30AM-12:30PM	\$75
Drama (2 wks)	6-8	10:30AM-12:30PM	\$150
Knitting	6-8	10:30AM-12:30PM	\$75
Made by Hand	3-5	10:30AM-12:30PM	\$75
Environmental Science	6-8	10:30AM-12:30PM	\$75

- Session 1**
8-10AM Classes
 Painting (6-8 grades)
 Drama* (3-5 grades)
 Engineering (7-8 grades)
 Mythology* (6-8 grades)
 Fitness (6-8 grades) 9-10AM
 Made by Hand (6-8 grades)
 Ceramics (3-5 grades)
- 10:30AM-12:30PM**
 Digital Photography I (5-8 grades)
 Drama* (6-8 grades)
 Painting (3-5 grades)
 Knitting (6-8 grades)
 Made by Hand (3-5 grades)
 Environmental Science (6-8)

Ses. 2 June 21-24	Grade	Time	Cost
Sculpture	3-8	8-10AM	\$75
Drawing I	6-8	8-10AM	\$75
Cheer Trinity!	5-8	8-10AM	\$75
Made by Hand	6-8	8-10AM	\$75
Fitness	6-12	9-10AM	\$40
Drawing I	3-5	10:30AM-12:30PM	\$75
Digital Photography & Design II	5-8	10:30AM-12:30PM	\$75
Forensic Science	6-8	10:30AM-12:30PM	\$75
Poetry	6-8	10:30AM-12:30PM	\$75
Badminton/Tennis	3-6	10:30AM-12:30PM	\$75
Latin America	3-5	10:30AM-12:30PM	\$75
Made by Hand	3-5	10:30AM-12:30PM	\$75
American Red Cross Babysitting	11-15yrs old	2 day course June 28 & 29	\$90
Pilates (July 6-9)	7-12	9-10AM	\$40

- Session 2**
8-10AM Classes
 Sculpture (3-8 grades)
 Drawing (6-8 grades)
 Drama* (3-5 grades)
 Cheer Trinity! (5-8 grades)
 Mythology* (6-8 grades)
 Made by Hand (6-8 grades)
 Fitness (6-8 grades) 9-10AM
- 10:30-12:30PM**
 Digital Photography II (5-8 grades)
 Drawing (3-5 grades)
 Drama* (6-8 grades)
 Forensic Science (6-8 grades)
 Latin America (3-5 grades)
 Badminton/Tennis (3-6 grades)
 Poetry (6-8 grades)
 Made by Hand (3-5 grades)



WE ARE *Blazers*
 TRINITY



Senior Blazer

Camp Descriptions

Fine Arts Classes (Grades 3-8)

Trinity's art camps have something new for everyone to experience whether you've been attending for years or you're a first time camper! Each student will gain confidence in her abilities through our innovative classes. Our enthusiastic teachers will help each girl find her strength in art by working with a wide range of media and exploring exciting ideas from realistic to imaginative.

The following courses are listed below with the media that will be used in the class:

Ceramics: clay and glazes

Sculpture: recycled materials, wire

Drawing: pencil, charcoal, sharpie, colored pencils, pastels

Painting: acrylics, watercolor, ink

Digital Photography & Design: digital camera (bring your own), Adobe Photoshop

Performing Arts Classes

Drama Camp (grades 3-8)

Join Trinity's theatre girls and tap into your inner drama queen with this exciting performing arts camp! The class will explore theatre with acting games, warm-up activities, improv skills, storytelling and more. This is a two-week camp that culminates in a "mini play" performed on the Trinity stage at the end of the session.

Cheer Trinity (grades 5-8)

National Champion Notre Dame for Boys Varsity Cheerleaders will conduct a one week cheer camp. Girls will be divided by age group to learn and review proper motion, techniques, stunts, and jumps. Campers will also learn a short choreographed cheer routine. Shorts, t-shirt, and gym shoes required.

Fitness (grades 7-12)

Start your mornings this summer with an energizing and exciting workout! Taking care of the bodies and minds of young adolescent women is important to the mission of Trinity. Join girls in learning how to properly stretch their body and engage in a variety of aerobic and strengthening activities that can be done throughout their life. Campers will realize that fitness should be an important part of their life, but it is also fun!

Pilates (grades 7-12) July 6-9

Pilates is a unique form of body conditioning for people of all ages and abilities. The Pilates method emphasizes the uniform development of all muscle groups while promoting flexibility, circulation, and skeletal alignment. This development occurs once the initiation comes from the core or powerhouse (abdominal muscles). This unique method will be taught on the mat in a classical format. Whether beginner or advanced, non-athlete or athlete, everyone will benefit from this terrific workout! Campers must provide their own mat.

Leisure

Knitting (grades 6-8) (Does mom want to learn too? Bring her along for \$20)

This is a class for both the beginner and the student who may have knit a few rows already. You will learn how to start a project by casting on, how to perform the two stitches basic to any knitted article -- the knit stitch and the purl stitch. We will also talk about the different yarns available, how to read a pattern and how to finish a project by casting off. If you have a specific project you would like to do, please bring the supplies to class on the first day. If not, please come as you are and we'll talk about what project you may want to knit. You may plan to get your supplies on Monday after school so you can start your project on Tuesday.

Badminton/Tennis basics (grades 3-6)

Did you know that Trinity started a badminton club this year? Learn the fundamentals of both badminton and tennis. Campers will have fun practicing, playing games, and scrimmaging in both sports. The morning will be split between the two sports. Bring your tennis racquet, grab your friends, and wear your gym shoes and smiles.

Made by Hand with Love (grades 3-8)

If you're crafty, then this is the class for you. Campers will create items while learning the value of service in our community and beyond. Learn and share your talents for crafting to bring joy to those less fortunate and put a smile on someone else's face. This service-oriented class exposes young women to the importance of giving back and understanding that doing this can be rewarding and fun.

Community

Red Cross Babysitting

The purpose of the American Red Cross Babysitter's Training course is to provide individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism; basic care; safety and safe play; and first aid. The class is approximately 6 ½ hours. The class includes: Handbook, Emergency Reference Guide, CD-ROM, First Aid Kit, and Certificate. Maximum class size 10. This is a 2 day camp.

English

Mythology (grades 6-8)

This course will examine some of the famous Greek myths, from the twelve Olympians to stories of creation. Students will become familiar with gods and goddesses of Ancient Greece, along with the driving forces of their natures. In addition, they will examine creation myths from some other cultures. They will do daily writing of their own, creating their own myths in the style of the ancient tales. By the end of the course students will have created their own fictional mythology; they will pair up with artists who will create covers for these special mythological texts! This unique course will blend creative writing with an appreciation of myth and the human desire to answer the questions of mankind.

Poetry Writing (grades 6-8)

It has been said that poetry, like bread, is for everyone. If you love words and art or music, this camp is definitely for you. We will read, write, recite, perform and illustrate poetry, learning along the way to sharpen our "outer vision" and to express our "inner vision." You have something to say; come learn how to say it beautifully.

Adventure Camp

Latin American Adventure Camp (grades 3-5)

Experience the language, history, art and food of Latin America on a whirl-wind classroom tour. Learn some basic Spanish and Portuguese, make traditional crafts, discover the important sites of ancient Amerindian civilizations and try some of the special flavors of Latin America. Don't forget to bring your spirit of adventure!

Science/Math

Forensic Science--CSI Trinity (grades 6-8)

Learn the techniques used by scientists to process a crime scene and practice them at camp. Campers will look at the different types of physical evidence. This camp will take a close look at fingerprint analysis, hair, and fiber analysis and the significance of blood patterns and DNA.

Discover a Career in Engineering (grades 7-8)

Campers will engage in dynamic and creative exploration designed to allow girls to experience several career roles. Become a designer and inventor by exploring engineering. The camp will look at the four classic branches of engineering: chemical, civil, electrical and mechanical. Each day will focus on a different branch.

Environmental Science--(grades 6-8)

Caring for our planet is our responsibility and it can be fun, too! Campers will be involved in hands-on, outdoor, experiential explorations of the world around them. Our goal will be to inspire the young women campers to become environmentally responsible and conscientious citizens of tomorrow. Group research projects will be used to investigate such questions like the effect of acid rain on various organisms and ecosystems, the effects of man on natural environments and the effect of climate on specific populations. Field trips, speakers, and active learning will be an important part of this week. We can't wait to get started!



Register Today for a *Summer of Significance!!!*



Please make checks payable to Trinity High School.
Mail this registration form and payment to
Trinity High School, 7574 West Division, River Forest, IL 60305

Name _____

Phone _____ E-mail _____

Address _____

City _____ State _____ Zip _____

Grade School _____ Grade (entering 2010) _____ Age _____

Emergency Contact _____ Phone _____

Circle T-shirt size (All Campers): S M L XL (youth sizes) S M L XL (adult sizes)

Class(es):

Session 1 _____ Cost: _____

Session 1 _____ Cost: _____

Session 2 _____ Cost: _____

Session 2 _____ Cost: _____

Junior Camp: Week 1 Week 2 Week 3 Week 4 (Please circle)

Total Cost: _____

Cash _____ Check _____ Charge Card: _____ #: _____ Exp Date: _____